

## Who are the Royal Akarana Paddlers?

We are a bunch of guys and girls of all ages who get together to paddle surf skis socially and train for competition.

### What we offer...

#### Novice paddlers:

Just started paddling and keen to learn more and have fun

- Help with buying a ski
- Where and when to paddle
- Someone to paddle with
- Tips and techniques on how to paddle and re mount your ski when you fall in (everyone falls in – even the experts)
- Socializing / friendship

#### Intermediate paddlers:

Been paddling for a while and want to go paddling with others at the same level?

- Regular training sessions and courses
- Tips and techniques on how to paddle.
- Socializing / friendship

#### Experienced paddlers:

- Regular training sessions
- Tips and techniques
- High performance paddling / training with some of NZ's top paddlers including Olympic coaches and paddlers.
- Socializing / friendship

## Events and Races

- Cambridge to Hamilton river race
- The Takapuna Beach Series
- King of the Harbour
- Pacific Downwind
- Interclub Championships
- RAYC - Surf Ski Race Series / Club Championship
- Ferg's Winter Series.
- Monster Downwind Runs - (achieving speeds in excess of 20kph)

And numerous other race and events we enter as a group from RAP.

## Other Stuff

- Ski Storage (subject to availability) - \$150 annually
- Showers / changing facilities.
- Bar & Café facilities.
- Fantastic environment

## Meeting times & Sessions –

Generally, someone is paddling every morning. However, as a rule of thumb we meet:

- Monday - 6.30am
- Wednesday - 6.30am
- Thursday - 6.30am
- Saturday - 7.30am
- Sunday - 8.30am

We circulate a list of members and contact numbers so people can work in with one another – in winter months mid week paddling times will change to 6.45am.

## Saturday Breakfast Club

Every Saturday morning we meet at the RAYC at 7.30am and split into our various groups to paddle and train together

Afterwards, about 9.30am, we meet at the club for a hearty bacon & eggs, toast, and coffee (other options available)

Why not come down and join us for breakfast, or come for a paddle if you have a ski... a great way to meet the team!

